

# MINUTES

## School Health Advisory Council

September 25, 2023, 6-7:30pm

PISD Administration Building, Board Room 120

### Welcome & Opening Remarks

A. Call to order

At **6:05pm** Ian welcomed everyone to the meeting.

B. Welcome and introduction of new members

Returning members were recognized by a raise of hands. SHAC members introduced themselves by sharing if they were employees, parents, or members of the community, and where their students attended. **25** members and 2 guests were in attendance.

C. Review SHAC purpose and norms for meetings.

### Officer Elections

A. Secretary

Ms. Oyakawa, a new parent member, was voted in as secretary.

### Meeting Planning

#### Pre-K Child Abuse Resource Review

##### A. "P.S. It's My Body: Happy Bear"

Yamuna Teter MS, CFLE, Assistant Director of Education  
Children's Advocacy Center for North Texas

Mrs. Yamuna shared about Children's Advocacy Center (CAC) purpose. Mrs. Yamuna presented the education programs for each level: *P.S. It's My Body: Happy Bear* is (PreK-2nd) is a play. *Happy Bear* discusses safety zones, "welcome hug", boy vs girl private parts, welcome vs. unwelcome touches, use or practice and repetition, basic resistance skills (say no, tell a trusted adult), "personal safety zones", discusses a scenario of what to do if someone attempts to touch their private parts. Reminds the students to use basic resistance skills and reinforcing a child telling an adult and discusses other adults that children can tell. Mrs. Yamuna shares that they do not name the sexual organs. Mrs. Yamuna shares that the whole presentation takes about 12 minutes. A parent asked how to ensure the script is being followed by different presenters. Mrs. Yamuna shared the curriculum was created with the law enforcement and training is completed with CAC team. Parent asked if students are allowed to ask questions. Mrs. Yamuna shared the students do ask questions and that the presenters have learned from them. Mrs. Yamuna shared that students are never left alone in the room with the presenters, teachers must be in there at all times. Mrs. Yamuna identified that 100 students is the largest number of students recommended at a time for a presentation. Mrs. Yamuna shared that a cozy library vs a gym or cafeteria is preferable. A parent asked if students have time to talk to an adult if needed afterward. Mrs. Yamuna shared that the presenters are not who the students would go to to discuss these issues, but rather to the staff. A parent asked if teachers and parents have a training on what reporting language may sound like. A PISD representative shared with the committee that all staff have training regarding student outcries and appropriate next steps. A copy of the script that presenters train on was shared with SHAC members for review during the meeting.

## **B. “Tick Tock Plays it Safe”**

Play it Safe program developed by the Women’s Center of Tarrant County

Co-chair shared that Prosper has previously used the Play it Safe curriculum which mimics that of the Happy Bear language used around safe and unsafe touches. One difference between Happy Bear and Play it Safe is the use of terms “welcome vs unwelcome” touches, vs. “safe, unsafe, and confusing” touch.

A parent shared that last year at her campus the opt-out students viewed the presentation as well and asked if the district has done anything to mitigate this issue. The co-chair shared that the district has removed the “opt-out” option from the form, so the parents will only receive an “opt-in” form, if no form is returned, then the student does not participate in the lesson.

SHAC viewed the “**Tick Tock Plays it Safe**” video (10 mins) and passed around the full presenter script for SHAC members to view.

A few parent members expressed not liking the terminology “confusing touch.” Parent members also expressed concerns that this video was not very engaging, that the terminology used could be used by an offender to manipulate/groom a child, and that they felt it was too mature (or not targeted) for a Pre-K audience.

District representative shared that there are no TEKS for Pre-K, there are guidelines.

## **C. Child Safety Matters Pre-K**

Monique Burr Foundation for Children

SHAC members watched the Pre-K program overview presented by the organization and posted online. The lessons provide options to use with or without technology. The course went over the 5 Safety Rules. The course is five separate lessons, each approximately 25 minutes. Parent members expressed not being certain of their opinion on this program based on limited information reviewed this evening. District representative expressed wanting to have something for Pre-K students. Parent member shared they liked the emphasis on the child identifying one adult in school and one adult at home as a safe adult. Parent member expressed that focus should be on whether or not this program is age appropriate, is it comprehensive, and simple. District representative shared that this is an important topic and that perhaps the district could reach out further to the organization for additional information for SHAC to consider before making recommendations to the school board.

## **Updates on Previous Year Recommendations**

A. Mental health: plan to bump up this SHAC topic to earlier in the year to discuss action steps of Prosper ISD. Parent member noted that she has already seen implementation of several SHAC recommendations related to mental health at her children’s campuses.

B. Children’s Health: Sexual health education films: Waiting on Children’s Health to edit videos

**Meeting was adjourned at approximately 7:42pm.**

**Next SHAC Meeting scheduled for Monday, November 6, 2023, 6-7:30pm**